









News for the Communities, Families and Early Childhood Educators of Duplin County

FREE Car Seat Inspection Event!









Sponsored by:
Duplin Buckle Up Kids
Warsaw Fire Department
Warsaw Police Department

When: October 7, 2023
Time: 10:00 a.m. - 2:00 p.m.
Location: Warsaw Fire Station
714 North Pine Street, Warsaw, NC

During the FREE car seat check, new seats will be available to purchase at a reduced price, if eligibility requirements are met. There is no charge to check a seat you own.





An estimated
4 out of 5
children who are
placed in child
restraints and
booster seats are
improperly
restrained. It is the
responsibility of
everyone to
ensure the safety of
the child. Ask how
YOU can make a
difference.

2023

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Bouncy House Fun!









Special Guests



For more information, please call Karen Pacheco at 910-296-2000.



The name pumpkin originated from "pepon", the Greek word for "large melon"

Giant pumpkins can weigh over 1,000 lbs.

Pumpkins are, scientifically, a fruit.

Over 1.6 billion pounds of pumpkins are grown on over 65,900 acres in the U.S. each year.

Pumpkins can be used in many ways: pumpkin flowers are edible, the seeds can be roasted for a snack and pumpkins can also be used as feed for animals.















Are you looking for fun, free family activities?
Starting on October 5th, you can join your
Cyberchase and PBS NC Friends on this STEM
adventure! Sign up by text for this family learning
program for parents, caregivers, and children ages
5 - 8 years. You will receive videos and activities
in English or Spanish from the PBS KIDS show
Cyberchase sent right to your phone. Explore
math, science and the environment through indoor
and outdoor experiments, games and crafts.
Text ROOTLE to 30644 to sign up today.

Chili Cheese Stuffed Sweet Potato

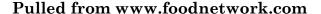
Stuff sweet potatoes with an easy-to-make beef chili and top with sour cream, cheddar and scallions. Perfect way to start off the Fall Season.

Ingredients

- 4 small sweet potatoes, scrubbed and washed
- 2 medium carrots, roughly chopped
- 2 cloves garlic
- 1 plum tomato, chopped
- 1/2 medium onion, roughly chopped
- 2 tablespoons of red wine vinegar
- 1 teaspoon of ground cumin
- 1/2 teaspoon of cayenne pepper
- 2 tablespoons of olive oil
- 1 pound of ground beef
- Sour cream and shredded cheddar, for serving
- 3 scallions, sliced

Directions

- 1. Poke each sweet potato a few times and microwave until fork-tender, about 10 minutes, rotating halfway through. Set aside and keep warm.
- 2. Meanwhile, put the carrots, garlic, tomato and onion in a food processor; add the vinegar, cumin, oregano, cayenne, 1 teaspoon salt and a few grinds of black pepper and pulse until coarsely chopped. Heat the oil in a large nonstick skillet over medium-high heat, add the vegetable mixture and cook, stirring constantly, until dry, 3 to 4 minutes. Add 1/4 cup water and cook, scraping up any brown bits with a wooden spoon, until the water evaporates, about 1 minute. Add the ground beef and cook, stirring and breaking it up into smaller chunks, until browned and cooked through, about 4 minutes. Remove from the heat.
- **3.** Split the potatoes in half, scoop out some of the warm flesh and add it to the beef mixture, stir to combine. Divide the potato halves among 4 plates and generously fill each half with the beef potato mixture. Top each with sour cream, cheddar and scallions.





It's the perfect time of year to read some books about Fall with your child and take a walk outside to discover the Fall colors found in nature. The books listed below will help get you ready for a nature walk.

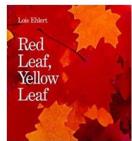




In Fall Leaves Fall!, by Zoe Hall, when fall comes, two brothers enjoy catching the falling leaves, stomping on them, kicking them, jumping in piles of them, and using them to make pictures, in a story which includes a description of how leaves change through the year.

In Fletcher and the Falling Leaves, by Julia Rawlinson, as the autumn season sets in, Fletcher is very worried his beautiful tree has begun to loose all of its leaves. Whatever Fletcher attempts to do to save them, it's simply no use. When the final leaf falls, Fletcher feels hopeless... until he returns the next day to a glorious sight.





In Red Leaf Yellow Leaf, by Lois Ehlert, a young child observes the life cycle of a maple tree, from a fallen seed that sprouts in the woods to being transplanted and sold at a nursery to being replanted and cherished in a new home. This book might be found in our Little Free Library at Kenan Park! Stop by and visit the Little Free Library and see if it is there, and let us know if you find it!

Contact Amanda Sanderson, at 910-296-2000 for more information on literacy activities or if you would like more information about our Little Free Library.

Trainings, Updates & News

Training	Date	Time	Location
ITS-SIDS	10-09-23	6:30-8:30	DCPFC
First Aid & CPR	10-18-23	6:00-8:00	DCPFC

- Early Educators need to keep staff and training worksheets up-to-date.
- Child Care Immunizations are due November 1, 2023
- Stay connected with "What's New on DCDEE website www.dcdee.nc.gov
- Upcoming virtual Director's meeting, your consultant will make you aware of date and time.
- James Sprunt now offers 5 & 8 week Early Childhood classes. Admin I & II are now offered at the same time.

If you are interested or have any questions, contact Kris'T Sloan at 910-275-6318 or ksloan@jamessprunt.edu



Donor Levels: Friend \$10-\$49 \$50-\$99 **Patron** \$100-\$249 **Bronze** 250-\$499 Silver \$500-\$999 Gold **Platinum** Duplin County Partnership for Children is a 501(c) 3 private, nonprofit organization. Therefore, all donations are tax deductible. All contributions are appreciated. If you would like to make a contribution, make checks payable to the Duplin County Partnership for Children. Name Address_ Daytime phone (____) Amount enclosed ____\$100 ____\$50 __\$25 __other Your donation will help ensure that young children in Duplin County are healthy, safe, and ready for school.

Contact Information

Telephone: 910-296-2000

Fax: 910-296-1497

www.dcpfc.org

Office Hours

Monday-Friday: 8:00 am - 4:30 pm

Library Hours

Monday-Friday: 8:00 am - 4:30 pm





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