



DUPLIN COUNTY

Partnership for Children

News for the community, families and early childhood educators of Duplin County.

Parents As Teachers

Parents As Teachers provides a FREE parent education and family support program serving families throughout pregnancy and until the child enters kindergarten. A certified Parent Educator works with families to help them better understand their child's social development, emotional growth, motor skills, and more. The program consists of personal visits, group connections, screenings, and a resource network.

For more information contact Amanda Sanderson,
Parent Educator at (910) 296-2000 ext. 110.



July/August/September 2011	
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Child Care Resource and Referral

Child Care Resource and Referral (CCR&R) program is designed to help families find quality child care. This program offers a lending library which includes toys, books, music, videos, and resources for parents and teachers. Additionally, this program offers trainings to childcare providers. Contact Hour Credits (CHC) are awarded per hour of training.



For more information regarding trainings offered, please contact
Toni Hudson, Training Specialist at 910-296-2000 Ext. 114.



News for the community, families and early childhood educators of Duplin County.

Parents As Teachers

La Asociación para Niños del Condado de Duplin está ofreciendo GRATIS un programa para las familias con la ayuda de la educación y través del embarazo y hasta el niño entran al Kínder.

Un Educador de padres certificado trabaja con las familias para ayudarles a entender el desarrollo social de su niño, el crecimiento emocional, habilidades de motor y más. El programa consiste en visitas personales, reuniones de grupo, investigaciones y una red de recursos. El Educador del Padre asistirá a padres cerca de: informándole de lo que se puede esperar razonablemente de su hijo en cada etapa de desarrollo, ayudarle a divertirse jugando con su hijo, proporcionándole información sobre la edad apropiada para actividades y materiales de su hijo y ayudarle a usted ser el primero y más importante maestro de su niño.



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Recursos y Referencias del Cuidado del Niño

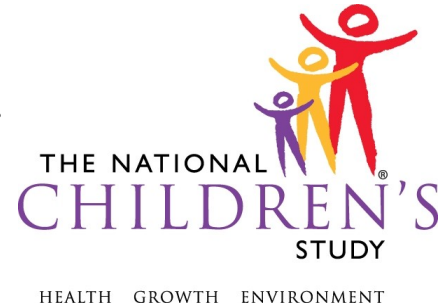
Recursos y Referencias del Cuidado del Niño (CCR&R) esta diseñado para ayudar a las familias a encontrar cuidado infantil de calidad. Este programa ofrece una biblioteca que incluye juguetes, libros, música, videos y recursos para padres y maestros. Además, este programa ofrece capacitación a los proveedores de cuidado de niños. Créditos por horas de Contacto (CHC) son otorgadas por hora de formación.



Para obtener mas información acerca de los entrenamientos que ofrece, por favor contactar con Toni Hudson al 910-296-2000 ext. 114.

The National Children's Study in Duplin County

The National Children's Study is the largest, long-term study of children's health and development ever conducted in the United States. Thousands of moms, dads, and kids from across the country will participate, in the hopes of finding out how genetic and many different environmental factors may affect children. The goal of the National Children's Study is to improve the health and development of future generations of children. Duplin County is proud to be one of the first two sites to launch the Study in January 2009 along with Queens, New York.



If you are interested in learning more about the NCS, you are welcome to visit the Duplin NCS office in Liberty Square Shopping Center in Kenansville or call 1-910-296-0103. We are also available to set up information tables at day care facilities to provide information and goodies to parents (contact Claudia Thompson at 910-305-1384 or claudiat@email.unc.edu).

Why Infants Spit Up

Yes, infants spit up and in the June-July issue of *Healthy Childcare*, an article on this topic looks at why spitting up occurs and what childcare programs can do to minimize it. Also in this issue are articles on physical activity for infants and toddlers, texture modifications for children with eating or developmental disabilities, and fireworks safety.

Healthy Childcare, publishes 6 issues a year and each can earn CDA or state licensing CEUs (in most states) free of charge to subscribers. If you need CEUs, *Healthy Childcare* can help while providing useful childcare health and safety information.

For more information, visit our website: <http://www.healthychild.net>

Kathryn Breighner
Publisher
877-258-6178



Impact of 20% Funding Cuts Deep Into Smart Start Programs for Children in Duplin County

Due to a 20% cut to the Smart Start program by the North Carolina legislature, the local Duplin County Partnership for Children – Smart Start Board members have been faced with difficult decisions on how to accommodate the significant cut and prioritize programs to maintain services for children birth through five and their families. The Board of Directors met on Monday, June 27, 2011 to finalize its budget for the upcoming 2011-2012 fiscal year. Children birth through five will no longer benefit from the services provided to child care facilities through the Child Care Health Consultant, Special Needs Itinerant Preschool Teachers and the WAGE\$ project. All of these programs have been eliminated from the Duplin County 2011-2012 Smart Start budget.

These programs have provided exceptional quality services to child care teachers including: training and technical assistance on a multitude of topics; helped teachers feel more confident to work with and identify children with special needs; and receive salary supplements that assisted them with continuing their education and provided incentive for them to remain in the same child care setting. Quality child care facilities are characterized in part by educated teachers, age appropriate instruction, developmentally appropriate toys and equipment, safe food handling, proper diapering, proper sanitation techniques, child care teacher stability, etc. These programs provided child care programs with the tools and instruction to support those quality indicators.

For the past 10 years, steady smaller cuts to the budget have reduced the state budget from \$231 million down to this year's dramatic 20% cut which reduce the funding for children's programs to \$151 million. Duplin County Partnership has lost an additional approximately \$317,889 that have been going to the services listed above that benefit children birth through five.

The Board carefully and thoughtfully considered each of the programs and prioritized them in order to think first for the future success of the children. All children deserve a high quality child care option to help them develop the solid foundation that will later ensure they enter kindergarten healthy and ready to succeed. The Board approved continued funding for Pre-kindergarten classrooms, Child Care Subsidy and Subsidy Administration, Child Care Resource and Referral, Quality Enhancement Project, Parents as Teachers and Program Coordination. One other program, Service Promotion and Outreach, was also approved. While this program currently provides a parenting training component, it is slated to transition into primarily a family support program later this fiscal year.

For more information on how to access Smart Start services, please contact the Duplin County Partnership at 910-296-2000 between the hours of 8:00 a.m. to 4:30 p.m., Monday – Friday.

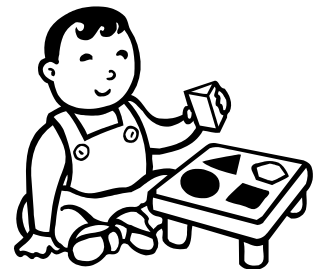
Parents as Teachers News

Group Connection Dates:

July 27, theme: The Very Hungry Caterpillar

August 12, theme: The Power of Play

September 27, theme: Exploring Child Care



Families who are currently participating in the program will receive more information regarding Group Connections during their next personal visit.

Do you know of families with children ages prenatal to five years? If so, tell them about Parents as Teachers! To sign up, or for more information, call Amanda at (910) 296-2000.

Here Comes the Sun!

Summer time is here! Whether children are in their backyards or at the beach, outdoor activities often take place under a bright sunny sky.

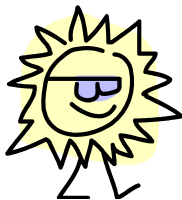
Stay safe in the Sun!

- * Limit exposure to the sun from 10:00 am to 4:00 pm.
- * Wear long sleeved shirts, pants, and wide brimmed hats.
- * Wear sunglasses with 100% UVA and UVB protection.
- * Use extra precautions around water, sand, and snow. They reflect UV rays, causing people to burn more easily.
- * Use sunscreen and seek shade.
- * Stay out of the sun while taking medications that cause sun sensitivity. Follow the directions that come with the prescription.
- * **Infants** younger than six months of age have delicate skin that burns quickly and easily! Cover them with light-weight clothes and hats. Keep infants shaded. Apply small amounts of sunscreen to exposed areas-nose, cheeks, and hands.

Sunscreen Tips:

- * Sunscreen reduces skin damage-it does not eliminate it. It does not replace cover-ups or shade to protect from direct exposure to the sun's UV rays.
- * Use a broad-spectrum sunscreen, which protects against UVA and UVB rays. Choose a sun protection factor (SPF) of at least 15. Use waterproof sunscreen when swimming or sweating.
- * Apply sunscreen generously 30 minutes before going outside. Reapply every two hours or after swimming or sweating.
- * Dark-skinned children can get sunburns, too-they should use sunscreen.
- * **Use sunscreen even on cloudy days.** The ozone layer is thinning, allowing more radiation (UVB rays) to reach the earth and damage skin. Clouds only block the heat producing infra-red rays. Because UVB rays are not hot, it is easy to forget that skin can burn even on cloudy, cool days.

Pulled from NC Child Care Health & Safety Bulletin
Volume 11 Issue 3



Aquí viene el sol!

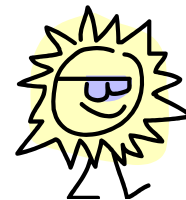
Ha llegado el verano. Sea que los niños estén en el patio de atrás o en la playa, las actividades al aire libre tienden a hacerse bajo un luminoso cielo con sol.

Seguridad al sol:

- * No se exponga mucha al sol entre las 10:00 de la mañana y las 4:00 de la tarde.
- * Lleve camisa de manga larga, pantalones largos y sombreros de ala ancha.
- * Lleve anteojos de sol con 100% de protección contra los rayos UVA y UVB.
- * Sea especialmente precavido cerca del agua, la arena y la nieve, pues estos materiales reflejan los rayos UV y facilitan las quemaduras de la piel.
- * Póngase filtro solar y manténgase a la sombra.
- * No se asolee cuando esté tomando medicamentos que causan sensibilidad solar. Siga las instrucciones que vienen con la receta.
- * Los **bebés** menores de seis meses de edad tienen piel delicada que se queman fácil y rápidamente al sol. Vístalos con ropa de colores claros y sombrero. Manténgalos a la sombra. Póngales pequeñas cantidades de filtro solar en las partes expuestas de la piel: nariz, mejillas y manos.

Consejos para el filtro solar:

- * El filtro solar reduce el daño a la piel, pero no lo elimina. El filtro solar no sustituye la ropa o la sombra para protegerse de los rayos UV del sol.
- * Póngase un filtro solar de espectro amplio que proteja contra los rayos UVA y UVB. Escoja un factor de protección solar (SPF) de por lo menos 15. Póngase filtro solar a prueba de agua cuando nade o cuando sude.
- * Póngase filtro solar abundantemente 30 minutos antes de salir al sol. Vuelva a ponérselo cada dos horas o después de nadar o sudar.
- * Los niños de piel oscura también pueden quemarse la piel; deben ponerse filtro solar.
- * **Póngase filtro solar hasta en los días nublados.** El grosor de la capa de ozono está disminuyendo y permitiendo que más radiación ultravioleta llegue a la superficie de la Tierra y dañe la piel. Las nubes solamente bloquean los rayos infrarrojos, que producen calor. Como los rayos UVB no calientan, es fácil olvidar que la piel puede quemarse hasta en un día nublado y fresco.



Positive Parenting: What is a good parent?



Being a good parent means you:

- * Protect and guide your children
- * Provide them a safe and caring home
- * Meet each of their special needs
- * Provide rules and love
- * Show them lots of attention
- * Sometimes put aside what you need or want to help your children instead
- * Accept the responsibility for another human being
- * Love your children no matter what

Good Parenting: Tips for your baby

- * You are your child's first teacher. Your baby begins to learn from you right away.
- * Give your baby lots of love and attention.
- * Never leave your baby unattended.
- * Respond to your baby's cries. Your baby learns to trust the world by how you respond. Learn to know what your baby's cries mean. Attend to the baby's physical needs.
- * Keep up with feedings and diaper changes.
- * Help your baby's brain grow: smile, play, and laugh with your baby every day.
- * Talk and read to your baby one-on-one every day. Sing songs and read nursery rhymes.
- * Help your baby play. Household items like cups and boxes will work just fine.
- * Show your baby lots of different things and explain what they are.
- * Praise your baby a lot and show your love. Remember, you cannot spoil a baby with love!
- * Keep up with your baby's immunizations.
- * Learn how babies grow and develop so you can continue to meet your baby's needs.
- * Parenting has to be learned. It takes a lot of trial and error. Stay open to learning and improving your parenting skills. Read, talk to other parents, and stay involved at daycare or school.
- * Children learn by example. They learn by watching you. Set a good example: how you act often speaks louder than words.
- * Children crave attention, so give them a lot of it. Work on being patient everyday.
- * Listen with your full attention when your children talk to you. Look them in the eyes. Listen carefully to their thoughts and feelings.
- * Speak to them in simple, honest and direct ways that show you really care and are listening.
- * Spend TIME with your children everyday:
 - * Play with your children
 - * Take them to the park or playground
 - * Read to them
 - * Let them help you with things
 - * Praise them a lot. Tell them "good job!"
 - * Eat at least one meal as a family every day
- * Let your children know when you're leaving for a while and assure them you are coming back.
- * As children grow older, you also begin to teach them how to be independent. Begin to give them jobs and responsibilities that they can do successfully.
- * Help them with the skills they'll need to do their jobs well. This will help build on their self-confidence.
- * Express all the love you can. Use words of praise as well as lots of hugs and kisses.
- * Love your children all the time, even when you don't approve of their behavior.
- * Make it safe for children to express their anger. Try not to get angry back. Staying calm can help prevent hard feelings.
- * Show love and respect, you will get it back.
- * Learn to make compromises when you have to, but remember you are the parent and you make the final decision.
- * Learn to be the best parent you can be. It's the hardest job you'll ever have but also the most rewarding.



Pulled from: Noodle Soup Product-3730.

Paternalidad Positiva-¿Qué significa ser un buen padre ó una buena madre?

Ser un buen padre ó madre significa que usted:

- * Protege y guía a sus niños
- * Les proporciona un hogar seguro y cariñoso
- * Cumple con sus necesidades especiales
- * Les proporciona reglas y amor
- * Les demuestra mucha atención
- * A veces deja de lado lo que usted necesita ó quiere para ayudar a sus hijos
- * Acepta responsabilidad por otro ser humano
- * Que usted ama a sus niños sin importar nada mas



Paternalidad Buena: Tipos para su bebé

- * Usted es el primer maestro(a) de su niño(a). Su bebé empieza a aprender de usted inmediatamente.
- * Dele mucho amor y atención a su bebé.
- * Nunca deje a su bebé desatendido.
- * Responda cuando su bebé llora. Su bebé aprende a confiar en el mundo por la manera en que usted responde. Aprenda que es lo que significa el llanto de su bebé. Atienda a las necesidades físicas de su bebé.
- * Este pendiente de cuando le toca comer ó cambiarle pañal.
- * Ayudé que crezca el cerebro de su bebé: sonría, juegue, y ríase con su bebé todo los días.
- * Háblele y léale a su bebé todo los días. Cántele canciones y léale rimas para bebés.
- * Ayude a que su bebé juegue. Objetos como tazas y cajas son cosas con las que su bebé puede jugar.
- * Enséñele muchas cosas diferentes a su bebé y explíquele que son.
- * Halague mucho a su bebé y demuéstrele su amor. Recuerde, usted ¡no puede malcriar a su bebé con amor!
- * Manténgase al corriente con las vacunas de su bebé.
- * Aprenda como crecen y se desarrollan los bebés para que usted pueda continuar cumpliendo con las necesidades de su bebé.
- * La paternidad se aprende. Hay que equivocarse y aprender constantemente. Manténgase abierto(a) para aprender y mejorar sus habilidades paternas. Lea, hable con otros padres, y manténgase en contacto con la guardería ó escuela.
- * Los niños aprenden con el ejemplo. Ellos aprenden viéndolos a ustedes. Dele un buen ejemplo: muy seguido como usted actué es mas importante que muchas palabras.
- * Los niños están sedientos de atención, así es que deles mucha atención. Trabaje para ser mas paciente cada día.
- * Escuche con toda su atención cuando sus niños le hablan. Mírelos a los ojos. Escuche cuidadosamente a sus pensamientos y sentimientos.
- * Hábleles de una manera simple, honesta, y directa que les demuestre que a usted realmente le importa y que esta escuchándolos.
- * Pase TIEMPO con sus niños todos los días:
 - * Juegue con sus niño
 - * Llévelos al parque ó a jugar
 - * Léales
 - * Deje que le ayuden con sus cosas
 - * Déles muchas halagos. Dígalos "¡buen trabajo!"
 - * Coma por lo menos una comida en familia todos los días
- * Dígalos a sus niños cuando usted se va a ir por un tiempo y asegúreles que va regresar.
- * Cuando los niños crecen, usted también tiene que empezar a enseñarles a ser independientes. Empiece a darles trabajos y responsabilidades en los que ellos pueden tener éxito.
- * Ayúdeles a desarrollar habilidades para hacer un buen trabajo. Esto les va a ayudar a fomentar su auto-estima.
- * Expresé todo el amor que usted pueda. Use palabras de halagos así como también muchos abrazos y besos.
- * Ame a sus niño todo el tiempo, aun cuando usted no apruebe su comportamiento.
- * Asegúrese de que sus niños se sientan seguros de expresar su enojo. Trate de no enojarse usted también. Mantenerse calmado(a) ayuda a prevenir resentimientos.
- * Demuéstreles amor y respeto, y usted recibirá amor y respeto.
- * Aprenda a encontrar un término medio cuando sea necesario, pero recuerde que usted es el padre y usted tiene la última palabra.
- * Aprenda a ser el mejor padre ó madre que pueda. Es el trabajo mas difícil que usted tendrá pero también el que da mas recompensas.



Pulled from: Noodle Soup Product-3731.

Making the Move to Kindergarten

5 For 5

Five Ways to Prepare Five-Year-Olds (and Fours!) for Kindergarten

1. **Protect your child's health:** Be sure to schedule a physical examination and the necessary immunizations required for kindergarten. Set an early bedtime and serve well-balanced meals to provide energy your child needs for a busy day at school.
2. **Encourage independence (in small steps!):** Teach your child to get dressed, fasten buttons and zip, use the bathroom, wash hands, open containers (ex: milk or juice boxes/ketchup packets), and clean their place at the table. Children who can take care of some of their own needs will feel more comfortable at school. They'll also be ready to use their small muscles for drawing, writing, and cutting in kindergarten.
3. **Make time to play:** Children learn valuable social skills when they play with one another at home, in the neighborhood, at the park, and in pre-K or child care settings. They learn to communicate, share space and materials, and solve problems three skills they'll need in kindergarten.
4. **Read:** Sharing books with children helps you bond as a family, and also teaches important language and literacy skills. Choose a few books about kindergarten and encourage your child to share his or her feelings about going to a new school. Show your child that you feel positive about the move to kindergarten, and your child will probably feel comfortable too.
5. **Visit the new school:** There is no substitute for the real thing! Plan to visit your child's new school before the big day arrives. Talk about what you see there, and practice some Kindergarten routines (ex: carrying a lunch tray, waiting at the bus stop or walking a new way to school).

La Entrada al Kínder

Las 5 para los de 5

Cinco maneras para prepara a los niños de cinco años (y a los de 4) para ingresar al Kinder

1. **Proteja la salud de su niño:** Asegúrese de programar una cita para hacer un examen físico a su niño y de tener todas las vacunas requeridas para el ingreso a Kínder. Fije una hora temprana en la noche para que su niño se vaya a dormir y sírvale comidas bien balanceadas que le dan energía para satisfacer la necesidades de un día muy active en la escuela.
2. **Apoye la independencia paso a paso:** Enseñe a su niño a vestirse, a abotonarse y a usar el cierre de la ropa, a ir al baño, a lavarse las manos, a abrir recipientes (como por ejemplo cajas de leche ó de jugo, paquetes de salsa de tomate) y a limpiar su puesto en la mesa después de comer. Aquellos niños que pueden atender sus propias necesidades, se sentirán más cómodos en la escuela. Además ellos estarán listos para usar sus pequeños músculos al dibujar, al escribir y al cortar con tijeras en el Kínder.
3. **Dedique tiempo para jugar:** Los niños pueden aprender habilidades valiosas para ser sociables, al jugar con otros en casa, en el vecindario, en el Pre-kínder ó en la guardería. Ellos aprenden a comunicarse, a compartir el espacio y los materiales y a resolver problemas. Estas son las tres habilidades que ellos necesitarán en el Kínder.
4. **Lectura:** El compartir libros con su niño le ayuda a usted a estrechar lazos familiares y también le enseña a él habilidades importantes de lenguaje y alfabetización. Escoja pocos libros sobre el Kínder (busque en la lista adjunta) y anime a su hijo a expresar como se siente al ir a una nueva escuela. Demuestre a su niño una actitud positiva y segura sobre la entrada al Kínder y su niño una actitud positiva y segura sobre la entrada al Kínder y su niño probablemente se sentirá seguro también.
5. **Visite la nueva escuela:** No hay nada mejor que estar presente y confirmarlo por uno mismo. Haga planes para visitar la nueva escuela de su niño antes de que el gran día llegue. Háblele de lo usted vio ahí y practique algunas de las rutinas del Kínder como por ejemplo: llevar la charola del almuerzo, esperar el bus ó encontrar un nuevo camino a la escuela.



Why are immunizations so important?

As a parent, you're always on the lookout for ways to protect your children. You're faithful about car seats. Fanatical about baby proofing

and hand washing. You wipe down the shopping cart handle before your baby touches it, intercept the puddle-dropped cookie before it can be inserted back into your toddler's mouth, steer the stroller clear of coughers at the mall. But did you know that immunizations are one of the many steps you can take to help protect your little ones? Besides reducing the incidence of disease, vaccinations also offer:

Protection from infection. Vaccines are one of the best ways to help keep your children healthy. Before vaccines were available, diseases such as polio, measles, rubella, smallpox, and diphtheria routinely harmed children, and, sadly, sometimes killed them. Thanks to the vaccinations your children will receive, the chances that they will contact any of these serious yet preventable illnesses are highly unlikely.

Protection for you community. Immunizing your children doesn't just help keep them healthy—it helps to keep the entire community healthy. When you vaccinate your children, you're helping to protect other children. When other parents vaccinate their children, they're helping protect you children, too. If all children were vaccinated, outbreaks and epidemics could be prevented.

Protection for the future. Believe it or not, by immunizing your children, you're also helping to protect your grandchildren. Why's that? Because widespread vaccination has resulted in some disease becoming wiped out. Once a disease has officially become history (as happily happened with smallpox), vaccination against that disease is no longer necessary (which is why the smallpox vaccine isn't given anymore). Talk about planning ahead for a healthier future!

LESS OUCH WITH THOSE SHOTS:

Needle pricks can look a lot worse than they actually feel (especially to the parent who's watching that needle head for their baby's impossibly soft skin). Any pain your child feels is fleeting (often more like a pinching sensation than actual pain)—and it's a pain with a very significant gain (protection against diseases that would hurt a lot more). Still, there are ways to help your child feel less pain with every prick:

- * **A LITTLE CUDDLE.** Studies show that babies who are held by their parents when they receive their shots cry less.
- * **A LITTLE NURSING.** Breastfeeding immediately before or during the shot may lessen the pain babies feel. Plus, breastfeeding offers the cuddle benefit as well.
- * **SOMETHING SWEET.** A little dab of sugar water on your baby's pacifier or tongue—given right before the shot—can minimize the ouch factor.
- * **ANYTHING DISTRACTING.** Many babies and young children can easily be distracted from anything, and that includes pain. Singing a song, holding up a favorite toy, reading a book can distract young children from the pain of a needle prick—or make the time go so quickly, they won't even know what stuck them. Blowing bubbles can be especially distracting, too—and once a child is old enough to mimic that blowing, the action itself could actually minimize the pain that's perceived.
- * **NUMB IT AWAY.** Another way to avoid that yelp is to pre-treat the area that will receive the needle with an anesthetic cream before the shot. Ask your pediatrician if such a cream is right for you child—and if he or she can prescribe the cream before your next shot.

TODDLER TEARS AND FEARS:

Once your toddler reaches a certain age, he or she has likely smartened up to the fact that most doctors visits might include a shot. And this realization may make way for lots of pre-visit anxiety and lots of in-office kicking and screaming. To help prepare the toddler in your life for those inevitable immunizations, while also minimizing the fears and tears of both of you:

- * Ahead of time, explain to older toddlers that the shot will help keep them healthy, and will make sure that they don't get sick or have "boo-boos".
- * Be honest about upcoming shots. Don't say there isn't going to be one—this play will work only once, then backfire indefinitely. Mistrust isn't something you want your toddler to associate with doctors.
- * Let your toddler know it's okay to cry, but encourage him or her to be brave. Explain that a shot doesn't hurt much (a lot less than banging a knee or scraping an elbow), and it only hurts a second. Practice timing a second to show how brief that really is.
- * Keep your cool. If you're anticipating a hard time when the shot's approaching—or if you're sending stress signals of your own—your toddler's bound to crumble.
- * If it's okay with your doctor, allow your toddler to choose the site of an injection (the right or left arm, for example) to give your child a sense of control over the process.
- * Offer lots of after-shot accolades (even if your toddler yelled and screamed the whole time). This is a big deal for a little kid, so for best results next time, pump up the praise this time.
- * Never use shots as a threat—as in "if you don't stop crying (or don't get into the tub...or don't get ready for dinner) now, I'm bringing you to the doctor for shots!"

Pulled from:
What to Expect Guide to Immunizations

Recommended Immunization Schedule for Persons Aged 0 Through 6 Years—United States • 2010

For those who fall behind or start late, see the catch-up schedule

Vaccine ▼	Age ►	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19–23 months	2–3 years	4–6 years
Hepatitis B ¹		HepB	HepB				HepB					
Rotavirus ²				RV	RV	RV ²						
Diphtheria, Tetanus, Pertussis ³				DTaP	DTaP	DTaP	<small>see footnote³</small>	DTaP				DTaP
<i>Haemophilus influenzae</i> type b ⁴				Hib	Hib	Hib ⁴	Hib					
Pneumococcal ⁵				PCV	PCV	PCV	PCV				PPSV	
Inactivated Poliovirus ⁶				IPV	IPV		IPV					IPV
Influenza ⁷							Influenza (Yearly)					
Measles, Mumps, Rubella ⁸							MMR		<small>see footnote⁸</small>			MMR
Varicella ⁹							Varicella		<small>see footnote⁹</small>			Varicella
Hepatitis A ¹⁰							HepA (2 doses)				HepA Series	
Meningococcal ¹¹											MCV	

Range of recommended ages for all children except certain high-risk groups

Range of recommended ages for certain high-risk groups



La importancia de las vacunas. "¿Por qué son tan importantes las inmunizaciones?"

Como padre, usted siempre busca la forma de proteger a sus hijos. Usted es devoto de los asientos de niños para automóviles. Es fanático sobre las medidas de seguridad para los niños y de la limpieza de las manos. Pasa un paño por la agarradera del carrito de compras antes de que su bebé la toque, recoge la galleta que cayó al charco antes de que vuelva a la boca del pequeño, aleja el cochecito de las personas que tosen en el centro comercial. Pero ¿sabía que las inmunizaciones son una de varias medidas que puede tomar para ayudar a proteger a los pequeños? Además de reducir la incidencia de las enfermedades, las vacunas también ofrecen:

Protección contra infecciones. Las vacunas son uno de los métodos más adecuados para ayudar a que sus hijos se mantengan saludables. Antes del tiempo de disponibilidad de las vacunas, enfermedades como la poliomielitis, el sarampión, la rubéola, la viruela y la difteria a menudo causaban daños en los niños y, lamentablemente, en algunas ocasiones, la muerte. Gracias a las vacunas que sus hijos recibirán, es altamente improbable que contraigan cualquiera de estas enfermedades graves pero evitables.

Protección para su comunidad. Inmunizar a sus hijos no solo permite que estén sanos: ayuda a que toda la comunidad se mantenga saludable. Cuando vacuna a sus hijos, está protegiendo a otros niños también. Cuando otros padres vacunan a sus hijos, también están protegiendo a los hijos suyos. Si todos los niños fueran

vacunados, sería posible evitar los brotes y las epidemias.

Protección para el futuro. Aunque parezca mentir, al inmunizar a sus hijos también está ayudando a proteger a sus nietos. ¿Por qué? Porque la vacunación masiva ha logrado erradicar totalmente algunas enfermedades. Una vez que una enfermedad ha pasado oficialmente a la historia de la medicina (como felizmente sucedió con la viruela), la vacunación contra dicha enfermedad ya no es necesaria (razón por la cual ya no se aplica la vacuna contra la viruela). ¡Se trata de planificar de antemano para un futuro más saludable!

El Llanto y Los Miedos de los Niños: Cuando su hijo llega a determinada edad, ya es lo suficientemente inteligente como para darse cuenta de que la mayoría de las visitas al consultorio del médico implican la administración de una vacuna. Esto conlleva a que el niño se ponga sumamente ansioso antes de asistir a la visita y, una vez allí, comience a gritar y a ponerse inquieto. A continuación encontrará algunos consejos a fin de preparar al niño para que acepte esas inevitables inmunizaciones, así como para disminuir los miedos y el llanto:

- * Explíqueles con anticipación a los niños más grandes que las vacunas les ayudarán a mantenerse sanos y evitarán que se enfermen.
- * Sea sincero sobre las próximas vacunas. No le diga que no les colocarán una inyección cuando no es verdad; esta táctica dará resultado solo una vez, pero no funcionará en el futuro. No querra que sus hijos sientan desconfianza hacia los médicos.

- * Dígame a su hijo que no está mal que llore, pero alientelo a ser valiente. Explíquele que la vacuna no duele demasiado (mucho menos que golpearse la rodilla o rasparse el codo) y que el dolor dura solo un segundo. Muéstrole cuanto tiempo es un segundo para que vea lo breve que es realmente.
- * Mantenga la calma. Si cuando se aproxima la fecha de vacunación, Ud. Se adelanta a pensar que este momento será difícil o si muestra signos de estrés, su hijo se podría poner ansioso.
- * Si el médico acepta, permita que el niño elija el lugar donde le colocarán la vacuna (el brazo izquierdo o derecho, por ejemplo) para que tenga un sentido de control sobre el procedimiento.
- * Elogie mucho al niño después de la aplicación de la vacuna (incluso si gritó y lloró todo el tiempo). Esta actitud es importante para un niño pequeño, por lo tanto, para tener mejores resultados la próxima vez elógielo mucho.
- * Nunca le amenace con las vacunas, por ejemplo, no le diga: "si no dejas de llorar (o no te metes en la bañera... O no estás listo para la cena) en este instante te llevo al médico para que te ponga una vacuna".

Pulled from:
Qué Se Puede Esperar Guía sobre Inmunizaciones

¿Cuándo deben vacunarse los niños y los adolescentes?

Edad	HepB Hepatitis B	DTaP/Tdap Difteria, Tétanos, toe ferina	Hib Haemophilus influenzae tipo b	Polio	PCV Neumocócica conjugada	RV Rotavirus	MMR Sarampión, paperas, rubéola	Varicela	HepA Hepatitis A	HPV Virus del papiloma humano	MCV4 Meningocócica conjugada	Influenza (Gripe)
Al nacer	✓											
2 meses	✓ (1 a 2 meses)	✓	✓	✓	✓	✓						
4 meses	✓ ¹	✓	✓	✓	✓	✓						
6 meses		✓	✓ ²		✓	✓ ²						
12 meses	✓		✓	✓	✓							
15 meses	✓ (6 a 18 meses)	✓ ⁴ (15 a 18 meses)	✓ ² (12 a 15 meses)	✓ ⁵ (6 a 18 meses)	✓ ⁵ (12 a 15 meses)		✓ ⁵ (12 a 15 meses)	✓ ⁵ (12 a 15 meses)				
18 meses									✓ ³ (2 dosis, la 2ª 6 meses después de la 1ª, a los 12 a 23 meses)			
19 a 23 meses		Ponerse al día ⁶	Ponerse al día ⁶ (hasta los 5 años)	Ponerse al día ⁶	Ponerse al día ⁶ (hasta los 5 años)		Ponerse al día ⁶	Ponerse al día ⁶				
4 a 6 años		✓		✓			✓	✓				
7 a 10 años		Ponerse al día ⁶										
11 a 12 años		✓ Tdap		Ponerse al día ⁶			Ponerse al día ⁶	Ponerse al día ⁶	Ponerse al día ⁶			
13 a 18 años		Ponerse al día ⁶ (Tdap/Td)								✓ ⁴ ✓ ⁴ ✓ ⁴ Ponerse al día ^{6,6}	✓ ⁷ Ponerse al día ^{6,7}	✓ ³ (Se pone todos los años o invernos a los niños y adolescentes entre 6 meses y 18 años de edad)



Duplin County Partnership for Children would like to thank everyone who participated, contributed, sponsored and/or volunteered to help make our 2011 Book-In-A-Backpack Project a successful event as we continue to reach out to Duplin County children and families.

NOTICE

If you were unable to join us at the event, we will be distributing more backpacks and books for rising Kindergarteners on Saturday, August 6, 2011, from 8:00-10:00 a.m. at the following locations.

Wallace - Dollar General (Town & Country Shopping Center), Peebles Dept. Store
 Kenansville- Dollar General
 Beulaville - Walgreen's Pharmacy
 BF Grady Elementary School
 North Duplin Elementary School

Please bring proof of residency which can be utility bill, NC Identification Card or NC Drivers License.

Parents may drop by the Partnership office located at 149 Limestone Road, Kenansville between the hours of 8:00 a.m. - 4:00 p.m. to pick up a backpack for their rising Kindergartner. Backpacks will be available until all are given away.





La Asociación para Niños del Condado de Duplin le gustaría agradecer a todos los que participaron, contribuyeron, apoyaron y voluntariamente ayudaron que nuestro 2011 Libro-En-La-Mochila Proyecto fuera un evento muy exitoso mientras que continuamos de apoyar los niños y familias del

Condado de Duplin.

NOTICIA

Si usted no podía celebrar este evento, distribuiremos mas libros y mochilas para los Kindergartner del Condado de Duplin el Sábado, 6 de Agosto, 2011 de 8:00-10:00 a.m. en los siguiente lugares.

Wallace - Dollar General (Town & Country Shopping Center), Peebles Dept. Store

Kenansville- Dollar General

Beulaville - Walgreen's Pharmacy

BF Grady Elementary School

North Duplin Elementary School

Por favor traiga contigo una prueba de residencia que usted vive en el Condado de Duplin. Puede ser una factura de agua, luz, teléfono, Tarjeta de Identificación o Licencia de Conducir de NC.

También los padres pueden visitar la oficina de La Asociación para Niños al 149 Limestone Road, Kenansville entre las horas de 8:00 a.m. - 4:00 p.m. para recibir una mochila para su Kindergartner.





IMPORTANT INFORMATION FOR CHILD CARE PROVIDERS!!!!



Fire Inspections...

- Be sure to keep fire inspections current.
- Send fire inspection to DCD licensing consultant as soon as it is completed.
- Make sure the fire inspector comes in a timely manner once you have paid for the inspection. If the consultant comes before your inspection is completed (even if you have paid) you will be cited for a violation.

Sanitation Inspections (Centers)...

- If your sanitation inspection has expired when the DCD consultant visits, you will be cited for a violation. It is your responsibility to contact Environmental Health before the expiration date.

UPCOMING CHANGES

Please be aware of the new law set forth by the NC Legislature that may affect child care facilities.

This law became effective July 1, 2011.

SECTION 10.7.(g) The Division of Child Development and Early Education (DCDEE) shall adopt policies that improve the quality of childcare for subsidized children. The DCDEE shall phase in a new policy in which child care subsidies will be paid, to the extent possible, for child care in the higher quality centers and homes only. The DCDEE shall define higher quality, and subsidy funds shall not be paid for one- or two-star-rated facilities. For those counties with an inadequate number of three-, four-, and five-star-rated facilities, the DCDEE shall establish a transition period that allows the facilities to continue to receive subsidy funds while the facilities work on the increased star ratings. The DCDEE may allow exemptions in counties where there is an inadequate number of three-, four-, and five-star-rated facilities for non star-rated programs, such as religious programs.

QUALITY ENHANCEMENT

Our Quality Enhancement Grant (QEG) is being offered again for the 2011-2012 fiscal year. If you are interested in increasing your quality of child care and your star rating by receiving intensive Technical Assistance, training, and materials to enhance your activity areas then this grant may be for you. Please call (910) 296-2000 for more information.



Watch your mail for application deadlines.

Duplin County Division of Child Development Licensing Consultant

Carla Hanchey
DCD Licensing Consultant
PO Box 447
Wallace, NC 28466
carla.hanchey-edwards@dhhs.nc.gov

Marketing Ideas for Family Child Care Homes

Marketing your family child care home is very important, whether you are a new provider or a provider with years of experience. Following are some ideas that may be helpful to you and are just suggestions you might try.

- Deliver flyers to local businesses, schools and other community places. (Be sure to get permission before posting your flyers.)
- Have a business card created with your name, contact information and logo if you have one.
- Have written policies and contracts so that parents know what they can expect from you.
- To attract parents, keep the outside of your home neat as well as the inside.
- Have your home inviting and organized for child care.
- Keep a scrapbook with pictures of your child care. (be sure to have consent forms from parents)
- Have a list of references that parents can check out.
- Be involved with the parent and the child during the interview process.
- Provide non-traditional work hours. Be flexible with your opening and closing times.
- Contact your local DSS and child care referral agency after licensing to register your child care.

JULY

TRAINING AND EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1.	2.
3.	4.  Independence Day OFFICE CLOSED	5.	6.	7.	8.	9.
10.	11.	12. ITS SIDS	13.	14.	15.	16.
17.	18.	19. Finding Your Smile Again	20. QE Application Deadline	21.	22.	23.
24.	25. Board Meeting	26.	27.	28. Nutrition	29.	30.

UPCOMING JULY TRAININGS

- | <u>Topic</u> | <u>Presenter</u> | <u>Time</u> |
|---|------------------|--------------------|
| ITS SIDS
This training is an overview of Sudden Infant Death Syndrome, risk factors, and ways to reduce the risk factors in childcare. | Susan Elixson | 6:30 pm to 8:00 pm |
| Finding Your Smile Again
This training will discuss how child care providers can cope with stressful situations. | Toni Hudson | 6:30 pm to 8:00 pm |
| Nutrition
This training will focus on establishing an early positive relationship with one's body through participation in fun physical activities and education about basic healthy eating concepts. | Toni Hudson | 6:30 pm to 8:00 pm |

AUGUST

TRAINING AND EVENTS


Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1.	2.	3.	4.	5.	6. First Aid & CPR
7.	8.	9.	10	11. Effective Leadership	12.	13.
14.	15.	16.	17.	18. How to Handle Stress	19.	20.
21.	22. Board Meeting	23.	24.	25. Learning Through Music	26.	27.
28.	29.	30.	31.			

UPCOMING AUGUST TRAININGS

<u>Topic</u>	<u>Presenter</u>	<u>Time</u>
First Aid & CPR This workshop will focus on the emergency training and knowledge that is needed in the event of an emergency.	Veronica Walker-Chasten	9:00 am to 4:00 pm
Effective Leadership This workshop will focus on how leadership can build confidence and trust among staff.	Toni Hudson	6:30 pm to 8:00 pm
How to Handle Stress This workshop will focus on using various methods in learning how to deal with stress.	Toni Hudson	6:30 pm to 8:00 pm
Learning Through Music This workshop will focus on how music helps support brain growth and development.	Toni Hudson	6:30 pm to 7:30 pm

SEPTEMBER

TRAINING AND EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1.	2.	3.
4.	5.  OFFICE CLOSED	6.	7.	8. Infant Toddler Tell me More	9.	10.
11.	12.	13. ITS SIDS	14.	15.	16.	17.
18.	19.	20.	21.	22. Friendship in the Workplace	23.	24.
25.	26. Board Meeting	27. Planning Your Daily Activities	28.	29.	30.	

UPCOMING SEPTEMBER TRAININGS

Topic

Presenter

Time

Infant/Toddler Tell me More

Toni Hudson

6:30 pm to 8:00 pm

This workshop will focus on the development milestones that can be seen in infants and toddlers from age birth to three years old.

Friendship in the Workplace

Toni Hudson

6:30 pm to 8:00 pm

This workshop will focus on how friendship among staff can contribute to a healthy working and learning environment.

Planning Your Daily Activities

Rita Flynn

6:30 pm to 8:30 pm

Are you having trouble keeping up with your busy schedule? This workshop will help child care providers come up with new ideas for scheduling conflicts, free play, and group time.



Donor Levels:	
\$10-\$49	Friend
\$50-\$99	Patron
\$100-\$249	Bronze
\$250-\$499	Silver
\$500-\$999	Gold
\$1000 +	Platinum

Duplin County Partnership for Children is a 501(c) 3 private, nonprofit organization. Therefore, all donations are tax deductible. All contributions are appreciated. If you would like to make a contribution, make checks payable to the Duplin County Partnership for Children.

Name _____

Address _____

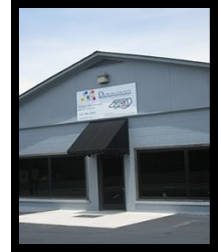
Daytime phone (____) _____

Amount enclosed ___\$100 ___\$50 ___\$25
___other

Your donation will help ensure that young children in Duplin County are healthy, safe, and ready for school.



DUPLIN COUNTY
Partnership for Children



Contact Information

Telephone: 910-296-2000

Fax: 910-296-1497

Website: www.dcpfc.org

Office Hours

Monday-Friday: 8:00 am-4:30 pm

Library Hours

Monday-Friday: 8:00 am-4:30 pm



149 Limestone Road
PO Box 989
Kenansville, NC 28349