



DUPLIN COUNTY
Partnership for Children

a partner in the
Smart Start network



News for the Communities, Families and Early Childhood Educators of Duplin County

Child Care Resource and Referral

Child Care Resource and Referral (CCR&R) is designed to help families find quality child care. This program offers a lending library which includes toys, books, music, videos, and resources for parents and teachers. Additionally, this program offers trainings to childcare providers. Contact Hour Credits (CHC) are awarded per hour of training. For more information regarding trainings offered, please contact Karen Pacheco, Bilingual Outreach Specialist at 910-296-2000 Ext. 112.

Recursos y Referencias del Cuidado del Niño

Recursos y Referencias del Cuidado del Niño (CCR&R) esta diseñado para ayudar a las familias a encontrar cuidado infantil de calidad. Este programa ofrece una biblioteca que incluye juguetes, libros, música, videos y recursos para padres y maestros. Además, este programa ofrece capacitación a los proveedores de cuidado de niños. Créditos por horas de Contacto (CHC) son otorgadas por hora de formación. Para obtener mas información acerca de los entrenamientos que ofrecen, llame a Karen Pacheco al 910-296-2000 ext. 112.

January

2020

Pages 2	Help Baby Brave the Cold with 3 Easy Tips
Page 3-4	Craft & Martin Luther King, Jr.
Page 5	Provider Updates
Page 5	Parents As Teachers Blue Ribbon Affiliate

In observance of the Martin Luther King holiday, DCPC will be closed on Monday, January 20, 2020. We will resume regular business hours on Tuesday, January 21, 2020 8:00 am - 4:30 pm.

HAPPY NEW YEAR



Help Baby Brave the Cold with 3 Easy Tips

Brrrrr! Many people are starting to feel the winter weather creeping up on them. We all do our best to avoid the cold, but sometimes going outdoors in frigid temperatures is unavoidable. Going out into the cold, snow, and wind with a young child can add an extra layer of challenge.

Parents and caregivers will have to do a little more planning to make sure little ones are safe and warm. While very young babies should avoid extreme temperatures whenever possible, if your child is over 6 months old, small periods of being outdoors should be alright. Use these tips to help ensure they are comfortable during your outdoor adventures!



Car Seats

Don't Wear Jackets in Car Seats – Bulky clothing including jackets and snowsuits should not be worn underneath the safety harness. Instead, add a blanket *over* the harness for extra warmth. To avoid extra layers you can carry baby in a blanket to the car. Older kids could put their coats on backwards (on the front of their bodies) when going a short distance, like from the house to the car, to easily be able to pull off their coat once they get into the car.

Keep the Carrier Indoors – If possible, keep the removable carrier aspect of the car seat indoors so it's not cold when you first put baby in the car.

Dress Warmly

Wear Layers – Don't forget what a big difference the wind chill can make! A general rule from the American Academy of Pediatrics (AAP) is infants should wear one more layer than adults are wearing. Layering is helpful in case you notice your kids are too hot and actually sweating once they are outside.



Keep Winter Accessories Handy – Keep extra hats, gloves, mittens, and socks in the car and stroller. If these items get wet in the snow or slush, change them right away. Cold clothing can make your little ones even colder!

Protect Baby's Skin

Being Outdoors Can Dry Up Baby's Skin – Once back inside be sure to use plenty of baby-safe lotion.

Be Sure to Cover Up Fingers, Toes, and Ears – These places are likely to get cold the quickest. Hats are essential for keeping baby warm!

By using these tips your family does not have to be stuck inside all winter. Walks, quick trips to the park, and playing outside are all okay during cold, winter months with extra preparation – and maybe an extra layer too!



Pulled from www.pathways.org

No Sew Sock Snowman

Materials Needed

- 1 white sock
- 1 sock in color for the hat
- Rice
- Rubber bands (or thread)
- Colorful buttons
- Ribbon
- Glue gun
- Markers or paint
- Orange pom-poms



Instructions

- * Start by filling your white sock with rice. (large quantity needed).
- * Once you are happy with the amount (and size) of your sock snowman tie the top with the rubber band.
- * Take another rubber band and place in the middle – more to the upper side – of the rice filled sock to form the head shape.
- * Now glue the buttons to the bottom side by using a glue gun (glue dots do a fairly good job too).
- * Draw the mouth and eyes with a black marker or with black paint.
- * Draw pink cheeks (Crayola washable paints or markers)
- * Glue on two orange pom-poms for the nose.
- * Add a ribbon for the scarf.
- * Cut off excess white sock (or you can tuck it in the hat).
- * Cut the colored sock (cut the foot part, without heel). Roll it a bit and place it on the head of your snowman. You can leave it as it is or you can secure it with some glue.



This sock snowman is ready to rock.

Pulled from www.easypeasyandfun.com



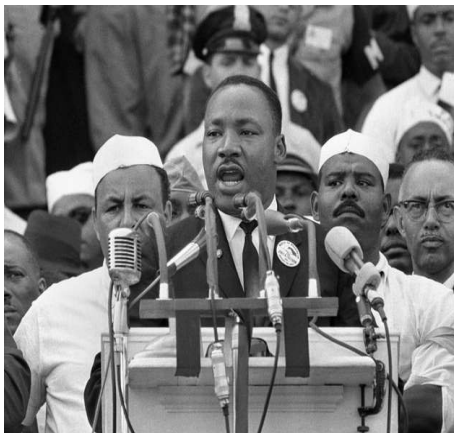
For this activity you will need one plain brown lunch bag and one decorative gift bag. You will also need a few objects that are exactly the same, for example a cube and a penny- anything really. Place a set of objects in each bag so they have the same items inside. Display the bags in front of the class and ask the children which bag they would like to receive and why.

Next, open the bags one at a time in front of the class. The students will see that both

bags, although very different on the outside both contained the very same things inside. This can lead to a great discussion about how people are all different on the outside, but the same on the inside.

Pulled from www.pre-kpages.com

Interesting Facts About Martin Luther King, Jr.



- King was the youngest to be awarded the Nobel Peace Prize in 1964.
- Martin Luther King, Jr. Day is a national holiday.
- At the Atlanta premier of the movie *Gone with the wind*, Martin sang with his church choir.
- There are over 730 streets in the United States named after Martin Luther King, Jr.
- One of his main influences was **Mohandas Gandhi** who taught people to protest in a non-violent manner.
- He was awarded the Congressional Gold Medal and the Presidential Medal of Freedom.
- The name on his original birth certificate is Michael King. This was a mistake, however. He was supposed to be named after his father who was named for Martin Luther, the leader of the Christian reformation movement.



Trainings, Updates & News

Training	Date	Time	Cost	Location
First Aid & CPR	1-08-20	6:00-Until	\$40.00	DCPC
ITS SIDS	1-16-20	6:30-8:00	\$5.00	DCPC
Positive Discipline	1-21-20	6:30-8:00	\$5.00	DCPC
Classroom As The Root Of Challenging Behaviors	1-28-20	6:30-8:00	\$5.00	DCPC

We are proud to announce that Duplin County Partnership for Children completed the Parents as Teachers National Center Quality Endorsement & Improvement Process and earned the highest designation: Blue Ribbon Affiliate status. Parents as Teachers provides early childhood organizations and professionals with information and tools that are innovative, relevant, and widely applicable across settings to today's parents, families and children. For more information about our affiliate, contact Amanda Sanderson at (910)296-2000.



Parents as Teachers.
Model Affiliate

Donor Levels:

\$10-\$49
\$50-\$99
\$100-\$249
\$250-\$499
\$500-\$999
\$1000 +

Friend
Patron
Bronze
Silver
Gold
Platinum

Duplin County Partnership for Children is a 501(c) 3 private, nonprofit organization. Therefore, all donations are tax deductible. All contributions are appreciated. If you would like to make a contribution, make checks payable to the Duplin County Partnership for Children.

Name _____

Address _____

Daytime phone (____) _____

Amount enclosed ____\$100 ____\$50 ____\$25
____other

Your donation will help ensure that young children in Duplin County are healthy, safe, and ready for school.

Car Seat Workshop

Date: January 17, 2020

Where: DCPC

Time: 9:00 am

**For more information,
please call 910-296-2000.**



DUPLIN COUNTY
Partnership for Children

**149 Limestone Road
PO Box 989
Kenansville, NC 28349**