

News for the Communities, Families and Early Childhood Educators of Duplin County



Parents As Teachers provides a FREE parent education and family support program serving families throughout pregnancy until the child enters kindergarten. A certified Parent Educator works with families to help them better understand

their child's social development, emotional growth, motor skills, and more. The program consists of personal visits, group

connections, screenings, and a resource network. For more information contact Amanda Sanderson, Parent Educator at (910) 296-2000 ext. 106.



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# Inspiring Young Readers of Duplin County



Dolly Parton's Imagination Library is now available in Duplin County. Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to all children who enroll from birth until they are five. Through this program,

age-appropriate books will be mailed to registered children monthly. This activity promotes emergent literacy skills. To sign up, contact Duplin County Partnership for Children at 910-296-2000 or sign up online at:

www.smartstart.org/dolly-partons-imagination-library.



Duplin County currently has <u>1354</u> children enrolled in Dolly Parton's Imagination Library. If your child has received a book and you would like to share their excitement in Duplin County Partnership for Children's newsletter, please contact Karen Pacheco at 910-296-2000. HOPE • 4 HEALERS

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Do you or your family members need FREE emotional support from being on the COVID-19 frontlines?

NORTH CAROLINA HOTLINE (919) 226-2002

Parents and caregivers can text FOODNC to 877-877 to find nearby free meal sites for children ages 18 and younger. The service is also available in Spanish by texting COMIDA to 877-877.

#### \*Waterford UPSTART



## No-Cost, At-Home School Readiness Program

Waterford UPSTART offers in-home school readiness that gives your child a fun start in reading, math, and science (with a focus on reading) in just 15-30 minutes a day, 5 days a week.

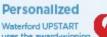
#### No Cost

Waterford UPSTART provides children with in-home school readiness at NO-COST the year before entering school.



provide a computer at NO COST (which you may keep upon completion) and Internet while enrolled in Waterford UPSTART (if you don't have it and qualify).

Waterford UPSTART will



uses the award-winning software Waterford Early Learning. It provides hundreds of hours of instruction with an individualized learning path, which builds upon your child's strengths, knowledge, and skills.

Children receive personalized reading, math, and science lessons with an emphasis on reading.



Waterford UPSTART is

easy-to-use and makes it possible for your child to work independently and will capture their interest and imagination with engaging books, songs, and activities.

Waterford UPSTART is available to children ages four and five during the year before they go to school.



Waterford UPSTART supports families every step of the way. Technology is provided to qualifying participants, and all families are paired with a Family Education Liaison, who

provides personalized updates, guidance, and encouragement.

It's not too early to start getting ready for school!

Register Now 1-888-982-9898 or www.waterfordupstart.org/register

# **Think Outside The Sand Box**

Kids love digging holes and building castles with sand, but this ancient play stuff is packed with possibilities that go beyond the pail.

The warm sun beckons kids to head outdoors and hit that favorite place of play: the sandbox. With its cool, gritty texture and versatility, sand can bring out the scientist in all of us.

Playing with sand encourages kids to experiment and to exercise their scientific and creative thinking skills. So offer your child a bucket, a shovel, and a place to dig in. Add some water and a handful of questions, and you're ready to mix it up.

- 1. **Inspire your child's curiosity.** Start by asking: What would happen if you mixed sand and water? What tools can you use to move sand? Have your child answer and then ask some questions of his own.
- 2. **Pack it in.** Use a clear plastic container, rocks, sand, and some water to explore the concept of *full*. Ask your child to fill the container with rocks. Is it full? What happens if you add sand? Will it fit? Your child will be surprised to see that the "full" container can now hold an amazing amount of sand and still have room for water!



- 3. **Go with the flow.** Provide a variety of materials sieves, funnels, colanders that your child can use to compare water flow to sand flow. As she explores, you might encourage her to tell you what she notices and how it feels.
- 4. **Bury metal and magnets.** Children love to use magnets with metal objects. But do they work everywhere? Invite your child to try hiding metal objects in dry sand to see if the magnet can find them. Later, add water. Will the magnet still work? What about in water?
- 5. **Plant seeds.** Grow a garden using an egg carton. Have your child fill one row with sand and the other with soil. Bury a seed in each groove for a side-by-side comparison. Which started growing first? Which grew the fastest or the tallest?



- 6. **Sprinkle sand scenes.** Have your child "draw" a picture with white glue and a Q-Tip, then sprinkle sand over it. When the glue dries, shake off the excess sand.
- 7. **Make a masterpiece.** Invite your child to experiment with straw-blowing art using sand and watercolors. Provide him with plastic straws and have him try blowing dry sand across a piece of paper. Then add a few drops of watercolor and try it again. When the sand and watercolors mix, he'll have a beautiful picture.

# **Pineapple Orange Creamsicle Smoothie**

A refreshing smoothie that adds tropical pineapple to the classic flavor of an orange creamsicle! Loaded with protein from Greek yogurt - so delicious, so healthy!

#### Ingredients

- 2 cups of ice
- 1 cup of non-fat vanilla Greek yogurt
- 1 cup (or an 8-ounce can) canned pineapple in juice
- 1/3 cup of frozen orange juice concentrate, thawed
- 2 tablespoons of honey
- 1 teaspoon of vanilla extract
- Orange slices (optional, for garnish)

#### Directions

- Put all ingredients except orange slices into a blender. Blend until smooth. All ingredients should be well incorporated. Pour into glasses and garnish each with an orange slice, if desired.
- 2. Enjoy!







# **Trainings, Updates & News**

## **Technical Assistance & Consultation/Coaching**

Technical assistance and coaching/consultation services are available to all child care facilities on Tuesday and Thursday by phone from
10:00 am - 2:00 pm. For more information, please contact Toni Hudson or Susan Elixson at 910-296-2000.



### Reminder

A copy of all fire inspections should be submitted to Carla Hanchey-Edwards within seven days of having your inspection done.

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Contact Information Telephone: 910-296-2000 Fax: 910-296-1497 www.dcpfc.org Office Hours Monday-Friday: 8:00 am - 4:30 pm Library Hours Monday-Friday: 8:00 am - 4:30 pm





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