



DUPLIN COUNTY
Partnership for Children

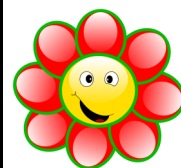
a partner in the
Smart Start network



News for the Communities, Families and Early Childhood Educators of Duplin County

A special *"Thank You"* from
the staff of Duplin County Partnership
for Children.

We would like to thank all the teachers working in Duplin County child care centers and family child care homes. We appreciate all the hard work, love, care and support you give every day to the children in your care. We encourage you to continue to plant the seeds of love and learning, and you will see the children grow from the little ones in your care into productive individuals that may one day say, "Thank you for being there for me." Keep up the great work !!



May
2020

Pages 1	Teacher Appreciation Week
Page 2	Outdoor Play Tips
Page 3	Census 2020
Page 4-6	Parents Corner
Page 7	Provider Updates

we love our
TEACHERS 

THANK YOU



TEACHERS
plant seeds that
GROW FOREVER

Seven Simple Tips for Outdoor Play

It seems simple, right. Children are innately curious so playtime outdoors should be a natural fit. Surprisingly however, kids today are spending less and less time outdoors, replaced with over 7.5 hrs. in front of an electronic screen every day.

Time exploring and playing outdoors helps children develop self-confidence, fine and gross motor skills, creativity, innovation, and collaboration. These vital skills can be acquired, tested and developed by simply playing in the sand, building stick forts, capturing insects, or damming puddles. Having the opportunity to interact with nature helps children understand and make a personal connection to the world they live in and ultimately depend on every day for their food, water, shelter and space.

Play outdoors is simple AND comes naturally to children. For newcomers to outdoor play, some encouragement and modeling may be needed. If a child is older or a bit apprehensive and has not had much experience playing outdoors by oneself or with others, here are some simple tips to set them and you up for success.

1. Make a time to unplug, unwind, and play outside.
2. Identify interesting spaces for play and exploration; safe from vehicles, fast moving water, other hazards.
3. Encourage and model (if need be) exploration, observation, creative interpretation and questioning.
4. Eagerly join in when invited. Comfortably sit back when not.
5. Let kids be kids.
6. Locate good places for a potty emergency.
7. Bring water, change of underclothes (depending on age), extra thermal or outer layer, sunscreen, potty field kit (*).



It does not take a wilderness area to intrigue a young explorer. Look for diverse vegetation/weedy areas, trees or wooded areas, water, sticks, rocks, hills. Pristine and pretty may be nice for a family hike or neighborhood park, but is not of utmost importance when it comes to outdoor play. A child's natural intrigue and healthy sense of wonder will kick into gear when given the time and space to play outdoors. Foster, follow and enjoy the play!



AFFORDABLE HEALTH INSURANCE TO PROTECT YOU AND YOUR FAMILY

A special *new* Open Enrollment for ACA coverage is running *now through August 15*.

- You may qualify to enroll in an ACA insurance plan.
- If you're already enrolled in one, you can even change plans.
- You can enroll any day of the month, and your coverage will start the first day of the next month.

The American Rescue Plan, a new law, will change premium costs for the better, *starting April 1*.

- You will pay less for premiums.
- People with higher incomes will now also be able to get help with premiums.
- Updating your application could mean more benefits now.
- ***Coming in early July***: You can get **free** coverage – **no premiums!** – if you receive unemployment benefits *at any point this year, but this year only*.

How you can get assistance:

- Call our main number, (252) 847-3027 with questions, or to make an appointment, or go to **www.NCNavigator.net** to schedule an appointment.
- For more information: **www.AccessEast.org/aca-home**



Tin Can Flower Bird Feeder

Materials Needed:

- Cleaned, opened tin cans with labels removed
- Spray paint or acrylic paints in choice of colors
- Pre-cut 6 inch wide foam flowers (available at most craft stores)
- Large wooden or plastic beads
- Paint brushes
- Thick twine

Tools Needed:

- Drill with drill bits or metal punch
- Hot glue gun and glue sticks

Instructions:

- On the side of each tin can, use a ruler to measure about 1/4 inch from each end in a straight line. Then mark a dot at each of these points with a permanent marker. Use a drill or metal punch to make holes about 1/4 inch wide where the marked dots are. These two holes are where you will insert the twine for making a hanger later on.
- In a well-ventilated area, apply your choice of paint and paint the outside of your tin cans in various colors. Apply as many coats as needed for full coverage and let dry 24-48 hours.
- Lay the open end of each can centered on a foam flower. Trace around the circle opening with a pencil. Centered inside the circle either freehand or use a compass to draw another circle about 1/2 inch smaller all around. Then use a ruler to draw several crisscrossing straight lines inside the original traced circle (like the way a pizza is cut). First cut out the small inner circle. Then cut along each crisscrossing line, stopping at the traced outline of the original circle. This will make several tabs around the inner perimeter.
- Lay the foam flower face down on a flat surface. Apply a ring of hot glue around the perimeter of the traced circle. Then place the open end of the can aligned on top of the hot glue ring. Hold the can firmly in place until the glue dries. Hot glue each of the cut tabs down on the interior of the can rim to further secure the foam flower in place.
- For the hangers, first cut a 12-18 inch piece of twine for each of your cans. Thread one end through the back hole, inside of the can and back up through the front hole. With even lengths of twine, place several large beads on each loose end. Knot the top of the twine to secure the hanger with beads in place. Repeat for each tin can feeder.

each end
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a hanger

PB&J TACOS



What a great way to go classic with PB&J, smooth peanut butter and grape jelly. Feel free to switch it up with different nut butters and jams, or different fruit like bananas and apples!

Ingredients

- 4 slices of white or wheat bread
- 1/3 cup peanut butter
- 1/3 cup of jelly
- 1/2 cup of chopped of strawberries
- 1/2 cup of blueberries
- 1/4 cup of crushed of graham crackers
- Honey for drizzling

Directions

- Using a large glass or biscuit cutter, cut bread into rounds and discard crust
- Spread peanut butter to the edges of each bread round. Repeat with jelly, then sprinkle with strawberries, blueberries, and graham crackers.
- Drizzle with honey, fold like a taco, and serve.

Pulled from www.delish.com

Family Craft Night

April 15, 2021



**FUN
TIMES!**



Trainings, Updates & News

The following is a list of training topics that the CCR&R staff of Duplin County Partnership for Children will be offering.

ITS SIDS

When: May 11, 2021
Time: 6:30 pm - 8:00 pm
Cost: \$5.00
Credit Hours: 1.5



An overview of SIDS, identification of SIDS factors and descriptions of ways to reduce the risk of SIDS in child care will be shared. Participation in this training meets ITS-SIDS training requirements. Anyone who works in an infant classroom is required to attend this training. Virtual ITS-SIDS: DCDEE requires class size be limited to 20 and participants MUST use a camera during workshop.

First Aid & CPR



When: May 20, 2021
Time: 6:00 pm
Cost: \$40.00



A copy of all fire inspections should be submitted to Carla Hanchey-Edwards within seven days of having your inspection done.

It takes a big
heart
to help shape
little
minds.

Donor Levels:

\$10-\$49	Friend
\$50-\$99	Patron
\$100-\$249	Bronze
\$250-\$499	Silver
\$500-\$999	Gold
\$1000 +	Platinum

Duplin County Partnership for Children is a 501(c) 3 private, nonprofit organization. Therefore, all donations are tax deductible. All contributions are appreciated. If you would like to make a contribution, make checks payable to the Duplin County Partnership for Children.

Name _____

Address _____

Daytime phone (____) _____

Amount enclosed ____\$100 ____\$50 ____\$25
____other

Your donation will help ensure that young children in Duplin County are healthy, safe, and ready for school.

Contact Information

Telephone: 910-296-2000

Fax: 910-296-1497

www.dcpfc.org

Office Hours

Monday-Friday: 8:00 am - 4:30 pm

Library Hours

Monday-Friday: 8:00 am - 4:30 pm



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