

News for the Communities, Families and Early Childhood Educators of Duplin County

#### **Reach Out and Read**



This activity partners with medical care practices to provide pre-literacy opportunities for children and their parents. Participating medical care providers voluntarily incorporate Reach Out and Read® (ROR), an evidence-based model, into young

children's regular pediatric checkups or well-child visits. During each of the routine visits, parents receive a new, culturally and developmentally appropriate book to take home and read to their children. The medical provider discusses the importance of reading, models reading a book aloud to the child, and encourages parent-child interactions as part of pre-literacy and language development. The program begins at the child's 6-month checkup and continues through age 5. Additionally, the children's "medical home" displays a "literacy-rich" waiting room area that reinforces the doctor's "prescription to read".

# Making Books Part of a Healthy Childhood

Esta actividad esta asociada con clínicas medicas para proporcionar programas de literatura para los niños y sus padres. Las clínicas medicas participantes incorporan voluntariamente el programa de Reach Out and Read. Programa de Lectura (ROR) un modelo basado en la evidencias, en los chequeos de pediatras, los padres recibirán un libro cultural y de desarrollo apropiado para llevar a casa y leer a sus hijos. El medico discutirá la importancia de la lectura, el modelo de lectura de un libro en voz alta a los niños y fomentara la importancia de la interacción entre padre e hijos como parte del programa de pre-alfabeticen y el desarrollo del lenguaje. El programa comienza en la cita del chequeo de los seis meses de su niño y continuara hasta los cinco anos de edad. Además de esto en la clínica pediatra de su niño también ofrecerá libros en la sala de espera para reforzar la lectura recetada por el medico.





Pages 2	Dolly Parton's
Page 3	Trunk Or Treat
Page 4-5	Parents Corner
Page 6-7	Provider Updates



The name pumpkin originated from "pepon", the Greek word for "large melon"

Giant pumpkins can weigh over 1,000 lbs.

Pumpkins are, scientifically, a fruit.

Over 1.6 billion pounds of pumpkins are grown on over 65,900 acres in the U.S. each year.

Pumpkins can be used in many ways: pumpkin flowers are edible, the seeds can be roasted for a snack and pumpkins can also be used as feed for animals.



Dolly Parton's Imagination Library is now available in Duplin County. Dolly Parton's Imagination Library is a book gifting program that mails FREE, high-quality books to all children who enroll from birth until they are five. Through this program, age-appropriate books will be mailed to registered children monthly. This activity promotes emergent literacy skills. To sign up, contact Duplin County Partnership for Children at 910-296-2000 or sign up online at:

www.smartstart.org/dolly-partons-imagination-library.



### **Enroll Your Child Today !**



## **Inspiring Young Readers of Duplin County**

Duplin County currently has <u>1544</u> children enrolled and <u>1134</u> graduated in Dolly Parton's Imagination Library. If your child has received a book and you would like to share their excitement in Duplin County Partnership for Children's newsletter, please contact Karen Pacheco at 910-296-2000.



# **Toilet Paper Pumpkins**

This fall project is super easy and fun to make! No sewing or skills required. They're quick and cheap to make. Certainly a lovely addition to any fall décor.

#### Materials

- Large roll of toilet paper (preferably a mega size)
- 18-20 inch square of fabric
- Green ribbon or leaves for the stem
- 4 inch piece of branch or a few cinnamon sticks

#### Instructions

 Unroll the toilet paper about ten times and then roll it loosely back up to give more of a round shape.



- 2. Lay out your fabric and place the toilet paper in the center.
- 3. Grab one corner of the fabric and tuck it inside of the toilet paper roll. Slowly work your way around gathering up the fabric and tucking each corner into the roll.
- 4. Tie a ribbon around your branch piece and stuff it into the center.

#### Notes

- The more toilet paper that you unravel and wrap around, the larger your pumpkins will be. Keep this in mind when cutting your fabric. A mega size roll combined with lots of unraveling will probably require a 20 inch square piece of fabric.
- A thicker fabric like flannel makes it easier to disguise the shape of the toilet paper roll, giving you more of a natural looking pumpkin.
- For the stem, you can also use several sticks tied together if you can't find anything thick enough to compliment your pumpkin (easy to find at the park). Cinnamon sticks also look nice!
- Fake leaves can also be used in place of the ribbon

#### Pulled from www.instrupix.com

## **Chili Cheese Stuffed Sweet Potato**

Stuff sweet potatoes with an easy-to-make beef chili and top with sour cream, cheddar and scallions. Perfect way to start off the Fall Season.

#### Ingredients

- 4 small sweet potatoes, scrubbed and washed
- 2 medium carrots, roughly chopped
- 2 cloves garlic
- 1 plum tomato, chopped
- 1/2 medium onion, roughly chopped
- 2 tablespoons of red wine vinegar
- 1 teaspoon of ground cumin
- 1/2 teaspoon of cayenne pepper
- 2 tablespoons of olive oil
- 1 pound of ground beef
- Sour cream and shredded cheddar, for serving
- 3 scallions, sliced

#### Directions

- 1. Poke each sweet potato a few times and microwave until fork-tender, about 10 minutes, rotating halfway through. Set aside and keep warm.
- 2. Meanwhile, put the carrots, garlic, tomato and onion in a food processor; add the vinegar, cumin, oregano, cayenne, 1 teaspoon salt and a few grinds of black pepper and pulse until coarsely chopped. Heat the oil in a large nonstick skillet over medium-high heat, add the vegetable mixture and cook, stirring constantly, until dry, 3 to 4 minutes. Add 1/4 cup water and cook, scraping up any brown bits with a wooden spoon, until the water evaporates, about 1 minute. Add the ground beef and cook, stirring and breaking it up into smaller chunks, until browned and cooked through, about 4 minutes. Remove from the heat.
- **3.** Split the potatoes in half, scoop out some of the warm flesh and add it to the beef mixture, stir to combine. Divide the potato halves among 4 plates and generously fill each half with the beef potato mixture. Top each with sour cream, cheddar and scallions.

#### Pulled from www.foodnetwork.com



### **IMPORTANT MESSAGE**

#### <u>Virtual Workshops</u>

- Each person wishing to register for a workshop must register separately and have an email address (cell phone numbers will be accepted if participant does not have an email) for the virtual meeting, email addresses, registration forms and payment must be received one week prior to the training.
- One day prior to the workshop, registered participants will be emailed the link to join the Zoom workshop. Due to credit hours being issued, participants may not share the Zoom link with others who have not registered.
- Each participant must log into the class individually for attendance (no group log-ins under 1 person's link).
- Attendance for certificates will be taken by those whose names are listed as participants in the workshop.
- Certificates will be mailed to the participant's place of employment.

#### Zoom Tips

- A computer is the best option for signing onto a Zoom Workshop.
- Participants do have to use the video feature, but a microphone is optimal. If no microphone is available, participants will be asked to use the chat feature to communicate during the workshop, as well as complete polls, assessments, etc.

#### NOTE: COVID TRAINING POLICY FOR SEATED CLASSES ONLY. EFFECTIVE JULY 1, 2021 UNTIL FURTHER NOTICE

#### **Before arrival:**

- There will be no guests allowed. Participants must be fever free, No COVID symptoms, arrival no earlier than 15 minutes before training starts.
- Promptness is of high importance.
- You must bring your own pen and paper.
- No food or drinks will be allowed until further notice.

#### <u>Upon arrival:</u>

- Masks are to be worn upon entrance and throughout the training, until you have exited the building.
- Sanitizer will be applied on hands upon entrance to the building.
- Temperatures will be taken upon entrance.
- Sign-in upon arrival using social distancing.
- Once seated, you can't move to another seat.

**During and after the training:** Keep your space clean, cover your cough properly (if any). Dispose of any debris or trash properly. Reapply hand sanitizer as you leave the building before touching the door.

# **Trainings, Updates & News**

Training	Date	Time	Location
ITS SIDS	10-07-21	6:30-8:30	Zoom
Classroom As The Root Of Challenging Behaviors	10-21-21	6:30-8:00	Zoom
Teaching With Respect	11-04-21	6:00-8:30	Zoom
Granting Children Their Emotions	11-16-21	6:30-8:00	Zoom

#### **TECHNICAL ASSISTANCE LOOKS A LITTLE DIFFERENT...**

As we adjust to the current times, we wanted to reach out and let you know we are still here and ready to support in any way we can. Here are some options to choose from if you are looking for some Technical Assistance:

- Scheduled phone and /or video calls (via FaceTime, Skype, and Zoom)
- Email
- In person with masks and social distancing
- In accordance to the Health and Safety rules
- If teacher/director/Smart Start staff person are comfortable
- In a variety of ways: outside, in front of the building or on the playground, in program lobby at classroom door after hours and/or when children are not present. Please let us know what way best accommodates you or share other ideas on how we can meet your needs!



#### **Resource Room Updates:**

The Resource Room is offering curbside services! Call or email to check out a theme box. Park in front of the entrance and call our office when you arrive. We will bring your items out to your car. Let us know if you are dropping off laminating and we can meet you outside the office. If you are returning any items, feel free to drop them off outside our door anytime between 8-4 (Monday-Friday). Call our office at 910-296-2000 and ask for Karen, Toni or Susan or send an email (<u>thudson@dcpfc.org</u>), (<u>kpacheco@dcpfc.org</u>), (<u>selixson@dcpfc.org</u>)

#### We are here to help you in any way we can!

	Donor Lev		
	\$10-\$49	Frier	
	\$50-\$99	Patro	
	\$100-\$249	Bror	
	\$250-\$499 \$500 \$000	Silve	
	\$500-\$999 <mark>\$1000 +</mark>	Golo Plati	
Dunlin Car	+		
	unty Partnership fo nprofit organizatio		
	ductible. All contrib		
	like to make a con		
	the Duplin County	,	
	the Dupin County	rannersnip	
Nomo			
Name			
Address			
Auuress			
Daytime pl	hone ()		
<b>A</b>		<b>* - ^</b>	<b>605</b>
	nclosed\$100	\$50	\$25
other			
	onation will help er	•	-
Duplin Col	unty are healthy, s	ate, and read	dy for scho

Telephone: 910-296-2000 Fax: 910-296-1497 www.dcpfc.org Office Hours Monday-Friday: 8:00 am - 4:30 pm Library Hours Monday-Friday: 8:00 am - 4:30 pm

**Contact Information** 





149 Limestone Road PO Box 989 Kenansville, NC 28349